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The truth of the matter is you're only as good as your support. Here at Real Vegas, we are forever grateful and appreciative to all our local readers! Without the contributing names listed here, this publication would be next to impossible. This special feature issue is dedicated to our 2024 Top Business Leaders and Leading Lawyers, and we are thankful to have had the pleasure of getting to get to know and learn more about each and every one of these phenomenal leaders and their respective businesses and practices. Talk about innovating and hardworking leaders in our community! This special feature issue is another result of our hard work, blood, sweat and tears. What we all do in contribution to each issue is truly a labor of love and from the bottom of our hearts and we proudly thank every advertiser, writer, photographer, contributor, in every way, shape and form. Without you, we wouldn't be able to tell the stories and provide rich content including current events and our historical Las Vegas history to our readers as well, which is of the utmost important to us. Please feel free to submit any editorial pieces for consideration to:

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THANK YOU all and we hope you enjoy reading Real Vegas as much as we enjoy putting it all together!

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01

Mative Juice

By Candice Wiener

The Original Omelet House: Feeding Las Vegas Breakfast Since 1979

f you are looking for the best breakfast in Las Vegas, don't miss The Original Omelet House on W. Charleston. Family owned and operated since 1979, The Omelet House ushers in a ton of thoughts and fond memories for me. Originally

owner by my late Grandfather, Louis Wiener, Jr., their original idea of providing the highest quality food at fair prices in an environment that feels like home, still exists and is just as good as it was years and years ago. Talk about a little Vegas history – I grew up going to The Omelet House every single Sunday with my family and Poppa Lou. You can say it was our family solidarity to eat breakfast with my Poppa Louie there pretty much every Sunday. Him having owned it during those years, and due to us having such a large family, we usually were seated in the overflow area which gave us lots of room to spread out with a minimum of 5 of us kids (usually in a group of 8-10). The food was always exceptional and the service always great! It's nice to know it still is today, as we've been in recently and although it's been under new ownership with a new family to be proud of its

ownership, we had the opportunity to meet one of the new owners, Kevin Mills. Kevin mentioned his correspondence with my grandfather when he called him and discussed the opportunity to come out and take over The Omelet House. Kevin said, "I'm pretty sure your grandfather was still talking, and I put the phone down and started packing my bags!"

The varied memories of the delicious meals our family shared here together are one thing. Us Wiener kids ranging in ages would sit at the table usually ordering one of their delicious omelets or their perfectly cooked chicken fingers with a side of ranch and warm cheese. And you couldn't forget about the warm pumpkin or banana nut bread they'd serve us with the adults' coffees. It was so warm and melted right in your mouth

MY LIFE AMBITION IS TO MAKE PEOPLE HAPPY BY PROVIDING GREAT FOOD AND SERVICE IN OLD LAS VEGAS STYLE - KEVIN MILLS

OMELET HOUSE



as you got ready to order. Many times, we would each get something we liked and share. The Omelet House is located inside a strip mall on Charleston and Rancho and when the adults would oftentimes get caught up chatting, us kids would be given permission to run around the vacant strip mall playing games and having fun. Some of my favorite memories were sitting at the table well after breakfast was completed and listening to the stories of our Poppa Lou's celebrity clientele and hearing some of the unique stories he had to tell about things that happened when he represented clients like Benjamin 'Bugsy' Siegel, Howard Hughes, Frank Sinatra, Dean Martin, Kirk Kerkorian, Sammy Davis Jr., and many more as their attorney! We also used to hear sports betting strategy and some funny jokes that all the kids enjoyed. Speaking of Benjamin 'Bugsy' Siegel, it's no surprise that my absolute favorite breakfast dish called "The Bugsy Siegel" - number 16. This breakfast favorite is an omelet you can't refuse! It has tender chunks of roast beef in an Italian red sauce, with sour cream and Jack cheese. For years, I've come back with family and friends to enjoy this delicious omelet.





Not too long ago, I came to have breakfast with our photographer, Michael W. Rogers and what a treat it was to share coffee and a nice breakfast at the Louis Wiener Jr. booth. There are many other nostalgic places to request to be sat when you dine in at The Omelet House. There is a booth dedicated to Oscar & Carolyn Goodman as well as many other notable locals.

Till this day, signed autographs adorn the walls from the past. It's definitely an iconic Las Vegas staple and whether you've never been or

haven't been in a while, do yourself a favor and stop in for a meal.

The Omelet House is usually open from about 7am-3pm 702.384.6868 omelethouselv.com



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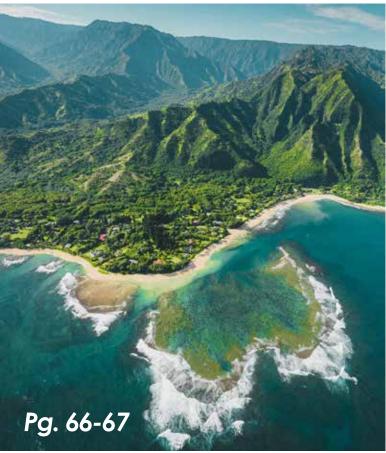




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A Work of Heart | From Where | Sit

From the Publisher's Desk

itting outside on this fine spring afternoon, I'm practicing exerting more positive thoughts and always trying my best in an effort to focus on attitudes of gratitude while enjoying this divine weather! It's not easy to remain upbeat and happy when we go through grief and loss. But it is doable. Earlier in March we lost a loved one in our immediate family that for many years was very near and dear to our hearts. She was a very well-respected Mother, Wife, Sister, Grandma, Friend and so much more. Grief and sadness sometime can just hit you like a ton of bricks and I think it's important for us all to know not only what our triggers are aside from obvious things like a loved one dying, as well as the best coping mechanisms that help your heart to heal. No matter the types of loss you've suffered, there's no right or wrong way to grieve. However, understanding the stages and types of grief, can help us all find healthier ways of coping. Grief is a natural and normal response to loss. When you've endured emotional suffering or when someone or something you love is suddenly taken away, the pain can feel unbearable and overwhelming. There are a range of unexpected emotions from shock and disbelief to anger, guilt, and ultimately the lingering profound sadness. The more significant the loss, the more intense the grief you experience can feel. Well, it's now been three days since our family lost our beloved. And I'm focusing on trying to see the beauty of her life through her eyes. This brings me somewhat of a peace that transcends understanding and makes me feel more connected to her as I look back on pictures from her life. There are so many things that we can experience in life that can or will cause us grief: Losing a loved one, a divorce or breakup, loss of health, losing a job or dream, loss of a friendship or an estranged family relationship, loss of financial stability, death of a pet, a serious and impeding illness or even loss of safety after

a trauma. They say, "what you focus on expands", which means the more energy and attention you give to a particular situation, the more it grows and becomes a larger part of your life. When you focus on negative thoughts and emotions, over time they become more prominent and affects your overall well-being and happiness. So, although I still feel the pain and grief, I'm trying to stay much more focused on the fond memories so that energy continues to exist, and the good memories fill your heart with joy and peace. It's not to say that you deny the hurt. I've acknowledged it and am simply ready to shift focus back to all the beautiful things life presents to us every day. I try my best not to take a second for granted even noticing the small and beautiful things in nature like the ducks and geese around the pond near my home and the beautiful and fascinating hummingbirds that I get to see every day. The efficacy of focus, especially during difficult times is a very powerful thing!

With that, I'm also thankful for the spring season arriving and the warmer weather. Sitting here and listening to the birds sing, I realize why I've always enjoyed the spring season in Las Vegas. Things that went dormant during the winter months start to bloom and grow again and our incredible city seems bursting with tourism and life in the springtime! We are thankful to our 2024 Top Business Leaders in Las Vegas as well as always delighted to also share our 2024 Leading Lawyers special feature issue with you again this year. We truly hope you enjoy flipping through these pages, as much as we do putting it all together for your reading pleasure! Please be sure to follow @realvegasmagazine on social media and join as at some of our upcoming local events so we can see your beautiful and fabulous Vegas faces!

Ignore the glass ceiling and do your work. If you're focusing on the glass ceiling, focusing on what you don't have, focusing on the limitations, then you will be limited.

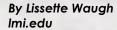
~ Ava DuVernay

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Mens Self Care Grooming Guide

A ttention all men, looking good is not exclusive to women anymore. It's equally important for men. In a world where personal presentation significantly impacts social, professional, and romantic opportunities, men can benefit immensely from grooming and maintaining their appearance. Just as women are expected to put effort into their grooming, men can enhance their confidence, self-esteem, and overall success by paying attention to their appearance. What does this mean for you? This means adopting a self-care routine will impact your life by leaving memorable first impressions, new romantic encounters or nailing that job interview. Incorporate these four products into your daily grooming routine to look and feel your best every day.

Facial Cleanser:

A good facial cleanser is essential for maintaining clean and healthy skin. Look for a gentle yet effective cleanser that suits your skin type, whether it's oily, dry, or combination. Cleansing removes dirt, oil, and impurities from the skin, preventing breakouts and promoting a clear complexion. Please use a facial cleanser twice daily, in the morning and evening, as part of your skincare routine. L's pick Dermalogica's men's special cleansing gel8oz \$44.00

Moisturizer with SPF:

Moisturizing is crucial for keeping your skin hydrated and protected from environmental damage. Choose a moisturizer that contains SPF (Sun Protection Factor) to shield your skin from harmful UV rays. Sunscreen helps prevent premature aging, sunburn, and skin cancer. Apply moisturizer with SPF every morning after cleansing to keep your skin moisturized and safeguarded throughout the day.

L's pick Elemis Pro- Collagen Marine Cream SPF 30 \$123.00



Shaving Essentials:

If you prefer a clean-shaven look, investing in quality shaving essentials is essential. This includes a sharp razor or electric shaver, shaving cream or gel, and aftershave lotion or balm. Opt for a razor that suits your skin sensitivity and shaving preferences and use a shaving cream or gel to lubricate the skin and minimize irritation during shaving. Finish with an



aftershave product to soothe and hydrate the skin, reducing post-shave discomfort.

L's pick The Art of Shaving 4 elements heated razor kit in sandalwood \$250.00

Hair Styling Product:

Whether you have short hair or long locks, a hair styling product can help you achieve your desired elastic look and keep your hair in place throughout the day. Choose a styling product that suits your hair type and desired hairstyle, such as pomade, wax, gel, or styling cream. Experiment with different products to find one that provides the hold, texture, and finish you prefer. Apply a small amount of styling product to towel-dried or dry hair, then style as desired for a polished appearance.



L's pick Baxter of California hair products product pic styling paste \$26.00.

L s pick sanda Hair Stv



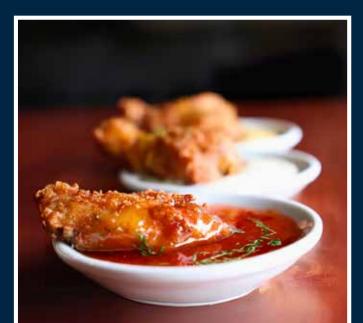


ward winning, Chef Krohmer, announces Other Mama, widely known for its raw bar and tale-told sushi, has rolled out its new seasonal sushi menu featuring daily fresh fish options, expertly crafted vegetarian rolls, hand rolls, and a wide array of menu options continuing to please the masses. In addition to the enhanced menu at this coveted destination on the West Side, Krohmer is thrilled to announce the addition of 1,000 sq. ft. to intensify the Other Mama experience and cater to the locals and tourists alike.

Several examples which represent the essence of Chef Krohmer's creative flair and revolving menu including Crab Cakes, Hush Puppies & Caviar, Shrimp Agua Chile, Scallop Carpaccio, Seared Salmon Carpaccio, King Crab Hand Rolls, and Lobster Chowder. Now, all entrees and craveable dishes, packed with a vibrant punch, are served with rice and salad.

"Good sushi is an art and an evolution. I am constantly exploring creative ways to tease palates to satisfy my guests and to anticipate their next visit. We have more than doubled our sushi selections, which are filled with zestful, dynamic flavors to augment our signature favorites, like our Salmon Sashimi. Our Other Mama team is excited to showcase this added dining experience that complements our established vibe and is a desired locale for private events, libations, and occasions," says Chef Dan Krohmer.

The ambient area seats about 35 guests and hosts standing parties of up to 50. Other upgrades include expanded bar selections, large



An Art and an Evolution – Meet Award Winning Chef Krohmer of Other Mama



presentation TV screens, Chef's counter, with both tasting menus and daily curated dishes to showcase Chef's creative robust cuisine. As the sought-out sushi epicenter of Las Vegas, with prior limited seating, the new bar hot spot will conveniently serve walkins, so guests can stop in for a bite to eat or a drink, without a reservation. Spoiler alert: a very generous happy hour, made with its house made infused cocktails, with namesake titles after southern women, such as the BILLIE JOE and SCARLETT, will be served.

Chef Dan grew up in Placerville, California, and began his culinary journey in nearby Sacramento at Mikuni Japanese. His unplanned path to crafting sushi started during a vacation in Japan. He connected with a friend whose family ran a restaurant in remote Kumamoto and decided to stay and work for nearly two years. Chef Dan learned about the disciplines of sushi and kaiseki on the job. He would move back to Sacramento to work in farm-to-table restaurants, where he furthered his appreciation for quality ingredients and simple preparation. Soon, Chef Dan was recruited to join the team at Morimoto, Philadelphia, before pivoting as a chef serving musicians at Coachella, Vans Warped Tour, and on tour with musical acts including Taylor Swift, Neil Young, Jay Z, Godsmack, Metallica, and many others. He moved to Las Vegas and spent some time with the legendary Michelin-starred Takeshi Omae before opening his original concept, Other Mama, in March 2015.

Within its first year, Other Mama has garnered an impressive number of accolades, including Best Restaurant, Off Strip twice (Vegas Seven and Desert Companion); "Best Dream Come True" (Las Vegas Weekly" Best of Las Vegas" 2016); Neighborhood Restaurant of the Year (Eating Las Vegas); Bartender of the Year, 2015 (Eater); Best Restaurant Cocktails (Vegas Seven).

Other Mama is open seven days a week from 5 to 10 p.m. and is located at 3655 S Durango Dr. For more info, call **702-463-8382**, visit **othermama.com**, and follow on Facebook **@OtherMama** and **09** Instagram **@OtherMamaLV**.





Fashion Forward: The Evolution of Men's Style in the NFL

Hello Fashion Enthusiasts!

Let's delve into the captivating world of men's fashion, with a spotlight on the remarkable evolution within the NFL. This year's Super Bowl showcased some of the most refined and fashion-forward football players to grace the field, each making a striking entrance off the plane. From the moment they stepped onto the tarmac, it was evident that style was not just an afterthought but a





defining element of their persona. With impeccable attention to detail, they curated ensembles that exuded sophistication, right down to the accessories, jewelry, and luggage they carried. What makes this display of fashion prowess so compelling? It signifies a profound shift in attitudes towards men's fashion. No longer confined by rigid norms, men are embracing the opportunity to express themselves boldly and authentically through their attire. Patterns, colors, and even the subtle glimmer of sequins have become cherished tools in the modern man's fashion arsenal. From the runway to the red carpet, men are stepping out with newfound confidence, unapologetically celebrating their individuality and personal style. As we admire these gridiron trendsetters, let us recognize the broader cultural transformation taking place. In embracing fashion as a means of self-expression, men are challenging stereotypes and redefining masculinity in refreshing and inclusive ways. So, here's to the trailblazers of the NFL, who are not only scoring touchdowns but also winning hearts with their fearless fashion choices. Their embrace of style sets a powerful example for men everywhere, inspiring confidence and creativity in every stride. As we look ahead to the future of men's fashion, let us continue to celebrate diversity, individuality, and the limitless possibilities of selfexpression.

With admiration for the movers and shakers of style, Real Vegas Ricci

Be sure to follow Maceoo & Mr. Real Vegas Ricci on social media:

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11

A *life* WELLLIVED

Mom's Las Vegas Connections By Dorothy Daly

or eleven days in April 1946 my mom danced with the Ann Garri Girls at the Hotel El Rancho Vegas when there were only two hotel-casinos on The Strip at the time. Six beautiful young ladies, billed as the Helldorettes, performed two floor shows nightly, stayed in the bungalows, and ate breakfast by the pool. They reminisced nine years later at a reunion luncheon and took turns having their photos taken atop the camel statues at The Sahara Las Vegas.

My mom typed 80 words per minute as executive secretary for Hughes Aircraft Company in Culver City, California in the 1950's. That's also where she met my dad. She occasionally saw Howard Hughes walk through her building and has lived this past year in assisted living in Summerlin, on land Hughes purchased in 1952. Hughes was a visitor to El Rancho Vegas during the War years (1941-1945) and ended up purchasing the burned out El Rancho Vegas in 1970.

My mom and dad married in May 1956. Their champagne brunch with 50 guests was held at The Beverly Hills Hotel, where Hughes owned several bungalows. My mom's maid of honor and roommate was senior telephone operator for Hughes Aircraft. She always knew how to reach Howard Hughes via phone.

My mom spotted Jerry Lewis in the hotel lobby that day and had him autograph the back of her marriage license. He scribbled, "Good Luck, Jerry Lewis." Lewis held his Muscular Dystrophy Telethons in Vegas from 1973 to 1995. He played the showroom at the El Rancho Vegas years before.

As a kid my mom had flamina red hair and buck teeth! She was an extra in the 1938 The Adventures of Tom Sawyer, sitting behind Becky Thatcher {Ann Gillis} in the schoolroom scene. When asked to be one of the kids in 'Our Gang' her dad put his foot down and said, "No way!"

My mom married her first husband, a soldier in the Army, in June 1944. Days after she left Los Angeles for New York City to catch him before he shipped out, a contract arrived in her mailbox from MGM! She ended up making ends meet modeling and dancing in The Big Apple. She was 16!

She told me one story about walking into a dance studio during rehearsal and the choreographer yelling at her to go dig out dance shoes and shorts from a huge box down the hall, then come join the chorus line! (They were old shoes and shorts from the Rockettes!) Welcome to show biz, Liz!

Back home in Oregon (and pregnant with her second child) she was a beauty pageant contestant for the 1947 Redhead Roundup. She rode on the back of a convertible with two other redheaded beauties in that year's Portland Rose Festival Parade.

My mom married three branches of the military, had five children, was a real estate broker, notary public, and world traveler. She designed disposable paper dresses before they became popular in the 1960s. She's still gorgeous at 96 and swears by Pond's Cold Cream and Maybelline Mascara! The name she goes by now is Liz Hart.



HOTEL EL RANCHO VEGAS riy with Jach Filter 540 Hells tch as "Hellmapoppin" d Models, Marry-flo-Ro Perday Nagel an chestra Teddy Rodr d Phyllis, dance duo. P 00, Ann Garri Dancers, autral young ladies, know El Rancho "Helldorettes Rodriguez

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CLURS FIESTA VILLA-Jerry Salis inty and His Royal Aires, foi your dancing and dining, plus nongs you will love by Bob Ross

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Top 50 Business Leaders Community Spotlight Meet the Dean of the College of Fine Arts at UNLV Dr. Nancy Uscher



r. Nancy J. Uscher leads the UNLV College of Fine Arts as dean, and also is a presidential professor of music. She oversees seven departments and schools, eight curated gallery spaces, including the Marjorie Barrick Museum of Art; six theatre venues, the UNLV Performing Arts Center, and the college advisement center.

Prior to joining UNLV in 2016, Dr. Uscher was president of Cornish College of the Arts in Seattle for five years. Before that, she was provost for seven years–and for six months co-acting president–of the California Institute of the Arts, where she also was on the music faculty. Dr. Uscher previously spent 12 years at the University of New Mexico as professor of music, and, at various times, associate provost, department chair and center director. She also taught in the women studies program.

We chatted with Dr. Uscher about her leadership of the UNLV College of Fine Arts, and what exciting developments are on the horizon.

How long have you been with UNLV?

This is my eighth year at UNLV. I came in 2016.

What appealed to you about becoming the dean of the CFA?

I thought the opportunity to celebrate the profound value of the arts to humanity in the Entertainment Capital of the World would be exhilarating. Becoming Dean of the College of Fine Arts at UNLV has been a distinct privilege.

What about education brings you the greatest joy?

The greatest joy I derive from celebrating the education of our UNLV students is to know that our students are gaining the skills, knowledge, and wisdom to go into the world after graduation to make rich and meaningful contributions. We are here to support students' visionary dreams and aspirations. Every student matters. I want each and every student to feel proud and confident. We are always there for our students and alumni. They are part of the College of Fine Arts family.

Describe a career highlight.

Graduation, the culmination of each student's educational journey, is a profound experience for me, because we see that the celebration of a student's success also transforms families and gives hope and optimism about the years ahead. Having been an artist in my own life helps me to understand what students are going through in their life's explorations. I am so grateful I had this "on the ground experience" as an active musician with a performance career before I became an academic administrator/leader/Dean.

What exciting things for CFA are on the horizon?

There are exciting times ahead for our college! Our UNLV College of Fine Arts, one of the largest in the country, and the only such college in Nevada, has extremely ambitious aspirations and big dreams for the future! We offer a stellar curriculum in all our seven academic disciplines, and we encourage students to become thought leaders and visionary changemakers in their artistic endeavors. Additionally, we are building a wonderful art building over the next decade. This will be the first truly contemporary learning center for the arts ever created in Nevada, and one of the very few such state-of-the-art buildings in the Western U.S. It will rival the arts facilities of any other university. We are so thrilled to contemplate how this building will enhance the education of our students and that it will be an outward-facing and welcoming new arts home to serve our wider community. We are offering outstanding international experiences for our students to make art in prestigious festivals throughout the world. We have lots of adventures in the years to come to share with our students, the university, and our fantastic community. Stay tuned!



PAYMON'S LOLINSE MERICA'S FIRST HOOKAH LOUNGE

started on Maryland Parkway in 1988. That area at that time if you know you know when the boulevard mall used to be as sexy to us as the fashion show mall. Several great concepts were born on that good ole Maryland parkway.

Chef Paymon had a vision. Combining the legend of tradition with the trends of the future and shaping it to be what it is today. It gave him the opportunity to put his own bricks within this chapter of the industry. And as time went on, we are still talking

about it. Those bricks are not only set in stone but are pieces of the road that was built for Paymon's to be what it is today. Major respect for him as there is only a few that I personally look up to out there. Love you, Chef!

Chef shared with us that back home his family owned a grocery store and aside from the incredible and authentic recipes he learned from his own mother, Paymon would find ladies in their community that also prepared great Mediterranean dishes and he explained how when they would come into the grocery store, he would barter the best recipes for groceries. When the women would go home to their husbands, they felt good coming home with \$50 worth of groceries, feeling that their hard work in the kitchen helped them to also provide for their families by bringing home the groceries they exchanged their delicious recipes for.

DÉCOR – I always dab in on décor but we must "emphasize". It's a double sensation when you step inside Paymon's Fresh Kitchen & Lounge. The best way to say it is, classic, timeless, middle eastern meets future Mediterranean. You get that home Mediterranean feel but at the same time you feel like you're passing through a hotspot in Dubai. If anybody figured out how to take tradition and put a futuristic twist on it with keeping the same down-toearth, home feel – Our friend here had done just that.

OK – Here we go! It is Friday night in west Las Vegas. A little cold and rainy out., "I'm setting the mood here". At this point, nothing sounds better than delicious food and some hookah puff puff. In this case, we must head to 'America's First Hookah Lounge' ever, "Paymon's–Fresh Kitchen & Lounge."

Let's start off with an expresso martini. There is something about those lately even though I've had several elsewhere, I want to try this one. And all I can say is, as this is the first thing I'm tasting, It's the perfect balance of smooth and the right hints of coffee flavor for the perfect espresso martini. Candice ordered the "Raspberry Lavender Mule", served in the ideal vessel, a copper mug, as the beverages matched the décor, and the specialty drink menu is perfect.

The first round of appetizers arrives to the table containing the perfect assortment of Greek and Mediterranean selections that go ideal with the first round of beverages setting the mood. You have hummus, jalapeno lime cilantro hummus, baba

REAL EATS BY CHEF VIC

The Best Hookah Lounge with Music and Food

The flavors of the Mediterranean are before us. This delectable cuisine is something I did not grow up on but found a love for as time went on. Having the privilege of meeting many chefs from around the world throughout the years specializing in this cuisine, there is definitely

a certain chef that stands out. I'm speaking about one of the most highly respected chefs in the Mediterranean game. He may be out here in Las Vegas, but everybody knows him from not just around the country, but also from around the world. With all the restaurants on the strip, even when others come to Las Vegas to enjoy the city, they must take a ride up west to visit this next level establishment. I'm highly surprised if you don't know who I'm speaking of by now... Well, if you don't know, please allow me to introduce you to by far a true pioneer of Mediterranean cuisine- "Chef Paymon Raouf".

There is so much to say, so I'm going to do my best to keep this tight. The example to begin with is, many of you know what I do in the industry, how I am out there and what I see and experience. Not just in Vegas, but in all four corners of the country. Quite a bit to be honest, and I will tell you, traveling the entire country, we are blessed with the fact that we have another self-made trend setter right here in the 702 and it

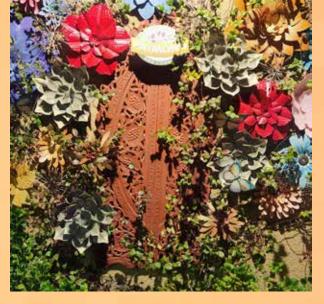


ganosh, falafel, rolled grape leaves known as dolmas, the classic Athens fries, and many other favorites from that origin of the world. In addition to the great mood, we have already been put in due to the overall ambiance, the kind and attentive staff, and Chef Paymon joining us at the table for a bit. On a regular basis you can find Chef Paymon greeting his regular guests or back in the kitchen with his line chefs.

Next, we move on to the fire cheese "Flaming Saganaki". I mean you can't have the old school love without doing the tableside dance. So, in this specific appetizer you get a show with the bite. Speaking of the bite. This bite was warm and delicious soft melty cheese with the perfect crust on top accompanied with a side of warm pita bread. I thought of it as a delicious Mediterranean grilled cheese, but far more eloquent. Meanwhile, the espresso martini hit perfectly in every way – And it cleansed my palate as well for the main course. If you haven't tried the Flaming Saganaki yet, be sure to next time you dine in. You will be pleasantly surprised.

It's been all Mediterranean & Indian up until this point. Now we're shifting into the Greek element with the signature Greek Chicken Scallopini dish which is one of my classic favorites from the Italian game but only twisted in a Mediterranean Greek way, with tender chicken breast lightly sautéed with perfectly cooked angel hair pasta adding feta cheese, artichoke hearts, olives, lemon, oregano, and butter. The best way to explain it is, it's like a reinvented Greek Chicken Angelo. And if you're a fan of Chicken Angelo you need to try this version. The perfect main course to accommodate this whole experience and flavors we have witnessed. While we're speaking on flavors chef Paymon also has his own line of spices. I left the restaurant with several and have already started incorporating them into some of my dishes I make at home. You can purchase his spices directly in the restaurant, on Amazon or at: spicebazaar.com, where there are also great recipes that lead to a gastronomic journey of exquisite flavors!





By the time we finished our appetizers and dinner, we were all full, but there are so many entrée options on the menu that you must try when you go from the Salmon Tandoori, Broiled Kabobs, Moroccan Lamb, Fensenjan (which is a specialty Persian dish) and a vast salad and sandwich menu for a little lighter fare. We'd be remiss not to mention and highlight a few more delicious menu items.

Paymon is undefeated. You just know when somebody really put all thoughts into their concept. It is a reflection of him, his journey and who he is as well as his mission statement from wall to wall within that establishment.

After our delicious meal, not like that wasn't enough, Chef was kind enough to personally seat us in the hookah lounge. Sure. I'll indulge in some white gummy bear flavored hookah with friends. We had a few more beverages and it absolutely sealed the perfect evening. Definitely the type of experience that you are absolutely grateful for as Candice, Travis and I needed to catch up and that was the perfect place to do so. Whether you're looking for somewhere for a great date night or simply catching up with friends, the ambiance at Paymon's always makes for an enjoyable lunch, happy hour, dinner, hookah, and drinks.

Chef Paymon is very community driven and just so you know, he gives amazing discounts to first responders and some of great individuals out there that are keeping Las Vegas safe. I will leave it like this -

"There are many great ones out there to write about, but if you hear us speaking of them, there's a very special unique element within Paymon and his welcoming establishment that we just feel everyone needs to know a bit more about. We had the most amazing time. The experience surpassed its reputation. If you have never been or haven't been in a while, you need to go visit Paymon's and enjoy the flavors, ambiance, décor, food, and overall vibe. You might see me there because I will definitely be going back, not just soon but often.

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Chef Paymon – Thank you for everything you have done and everything you keep doing. It was an honor to join you and experience your well-done establishment. It was a long journey, a gamble, taking a chance and a leap of faith. And ladies and gentlemen that's how legends are born!



Vegan in Vegas

Hail Cheî Kenny, the Vegan King of Las Vegas; Twin Creeks Tries

t's become the gold standard question in the Las Vegas vegan scene: ls it as good as Kenny's?

Chef Kenny Chye has been in the Las Vegas vegan scene for almost two decades and along the way has set the bar high for anyone wanting to dive into Asian vegan cuisine, particularly what is deemed in the USA as Chinese food (many foods thought of in the USA as Chinese are not).

I first found Chef Kenny when he was on Rainbow and Spring Mountain. It was just like going to a regular Chinese restaurant, but all vegan. Entrees like Sweet and Sour Chick'n, General Tso's, Mongolian "Beef", Buddha Delight (veggies), in fact, almost any entrée you'd find in a Chinese restaurant was here. And sushi as well, soups, noodle dishes, specials, like so many it quickly became a spot to visit weekly to try all the items available.

Then, in 2022, Chef Kenny went all in and opened Chef Kenny's Vegan Dim Sum at 5570 W Flamingo Rd (Near Lindell). There was nothing like it in Las Vegas, still isn't, and not much like it in the USA. Chef Kenny revolutionized vegan Chinese, and he did





the same for dim sum; from siu mai to baked BBQ pork buns, chive cakes to his remarkable fried chicken (which tastes just like the Colonel). The menu is now vast, from Bento Box lunches, lunch specials with traditional Chinese dishes all vegan to fresh dim sum, including warm custard tarts that melt in your mouth and leave you wanting three more.

The main question asked is..."How did he do that?" I'm nearly a chef and I have no idea how he makes mushrooms taste like a fried chicken thigh from KFC; I've brought many non-vegans there and they can't tell his Sweet and Sour apart from any other, or any of his dishes. The Beyond Meat rare steak roll will be devoured almost before you can get a piece if your table is anything like mine. Yes, he does pork belly, without ever involving a pig, and yet, there's the layer of fat, the savory texture...how? How does his custard stay perfect, not too runny, not too thick? How does his sushi rolls taste like, well, fish?

There're over 100 choices between sushi, dim sum, noodles, soups, even salads. The spinach salad is my friend Hanna's favorite, every time she's in town, she gets it. It's the dressing. It's too good. If I had a million dollars, I'd make Chef Kenny a household name. Food this good, this authentic and innovative, without using meat, is just what the world needs.

"I'm always wanting to try something new, to give vegans the things they say they miss most from the non-vegan lifestyle," Chye told me on one visit. "If I can give them the flavors they love without using animal products, but making it as close as possible, I've succeeded," he added.

Succeed he has. You must go, vegan or not. And ask if there's anything not on the menu he's cooking up. The lotus

cakes and pumpkin meatloaf he had off-menu for the lunar New Year this year were beyond sublime. And he's trying out baked curry buns every few days as well. You cannot say you've tried vegan food in Las Vegas if you haven't tried Chef Kenny's. Go. Immediately. Tell them Karel & Ember sent you from Vegan in Vegas and Real Vegas Magazine.

Well, they tried: So, I found myself at Twin Creeks steak house at Silverton for an event. And I have to give them points for trying. As a high-end steak house, they have one vegan appetizer, deep fried mushrooms, which was quite tasty, and for an entrée they do mushroom risotto with oyster mushroom scallops. There are a few sides, like Asparagus or Broccolini you can do vegan and a house salad. Dessert is a sherbet trio. Not a ton of options, but at least there was something at a place known for enormous cuts of beef and is truly a meat and potatoes establishment. I'd like them to try a little harder, but again, at least there was something.















To read more about these and other restaurants go to veganinvegas.com and listen for reviews on The Karel Cast wherever you get your podcasts. Reviews are often featured at youtube.com/reallykarel so subscribe as well as realvegasmagazine.com Send comments to comments@veganinvegas.com



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T H E WOUNDED BLUE Never Forgotten. Never Alone.

By Candice Wiener

Meet the Real Randy Sutton of The Wounded Blue

he Wounded Blue is an incredible organization that I was recently introduced to through a mutual friend of mine and the founder, who also happens to be a retired police officer. Although I am just now learning about The Wounded Blue, when I sat down to chat with Randy, I realized immediately that his face is very familiar and being that in addition to him being a retired Lieutenant with over 30 years of service in law enforcement, it's no surprise that Randy is also an actor too. Having appeared in many of the COPS episodes back in the 80's and 90's, he also was casted as the role of the police officer in the movie Casino. With Martin Scorsese as the Director, Randy was told when auditioning for the part to make Scorsese and DeNiro laugh, and he did just that with comical police jokes about being in law enforcement in Las Vegas and did land the part. Aside from possibly seeing him around town, he clearly has a recognizable face as an actor. During our lunch at least two people stopped to say hello and thank him for his service. He's most definitely a local law enforcement celebrity and it makes sense that he has solidified his reputation as the "voice of American law enforcement", in addition to his numerous appearances on FOX News, Newsmax and more.

Sutton founded The Wounded Blue as a means to support injured and disabled law enforcement officers around the nation. After suffering a stroke while on duty, Sutton's career as a Lieutenant with LVMPD came to an unexpected end. After his heroic service for 30+ years, being responsible for saving a one-month-old baby's life and countless other encounters while he was in law enforcement, Sutton found himself having to hire a lawyer to fight for his pension and benefits. After years of litigation, he finally won each and every hearing, but he was shocked by the lack of support that wasn't being offered by LVMPD after his 24 years of service in LVMPD.

> As the Chair of the Board of Directors of The Wounded Blue, he leads initiatives aimed at providing assistance and resources to those who have sacrificed for the safety of others. When I asked him about other resources available to officers that were injured or hurt in the line of duty, Sutton shared that when he founded The Wounded Blue, there were next to no organizations that



provide support and/or assistance to officers hurt while serving on the police force. He said, "There are organizations out there if an officer is killed in the line of duty, but not much for those who are injured or disabled. To date Sutton and The Wounded Blue foundation have worked with countless injured law enforcement officials to assist them in getting the support and assistance they need to move on with their lives after both non-catastrophic and catastrophic injuries that they have sustained. With some phenomenal success stories, Sutton credits his private donors for helping him to make these realities possible for officers he and his organization help.

From prosthetic limb replacements to mental health rehabilitation, there's no doubt Sutton's organization is doing some really big things that will forever impact the lives of those who fought and served to protect our lives and were injured or disabled due to their braveness for doing so.

Sutton is also a prolific author, having penned numerous books that shed light on the daily realities of patrolling. His first book was about the one-month-old infant whose life he saved after she was senselessly shot in the face by gang members. Randy jumped into action, giving her mouth to mouth and says he remembers "She started to cry, and it was the most beautiful sound I'd ever heard." He then rushed her to the hospital, knowing that if he waited for an ambulance, she likely wouldn't have made it.

Currently Sutton is in the planning phases of some incredible fundraisers to come for The Wounded Blue. He launched Guitars4Cops.com and has partnered with many GREAT Country music artists including Toby Keith, Dierks Bentley, Brad Paisley, Jelly Roll, Reba McEntire and more to sign only 10 guitars each in an effort to raise money and awareness for The Wounded Blue, a 501c3 not-for-profit organization dedicated to supporting law enforcement through support, education, assistance, and legislation. Each guitar is \$1000 + shipping and is personally autographed by the artists. Their last guitar promotion, partnered with Concerts 4 A Cause and Nancy Jones (widow to George Jones) and raised over \$80,000 for the two officer families in Huntsville, Alabama.



In the last two years, more than 120,000 officers have been intentionally attacked in the line of duty. The Wounded Blue aids the physical and mental well-being of wounded officers across the country every day. Their Peer Support Advocacy Program is said to have been a game-changer for America's officers. The Wounded Blue team, consisting of trained professionals who have served or currently serve in law enforcement, offers a confidential environment where officers can seek support and guidance. Handling 100 crisis calls every week, The Wounded Blue's program is making an impact on the lives of those who dedicate their lives to protecting and serving our communities.

We are thankful to have had the opportunity to connect with Lt. Randy Sutton and are thankful for the incredible work you do for wounded law enforcement in our community and nationwide. We thank you for your service and have the utmost respect for your diligent work within The Wounded Blue non-profit organization.



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If anyone wants to contact Randy personally to contribute and/or is in need of help, email Randy at: randy@thewoundedblue.org





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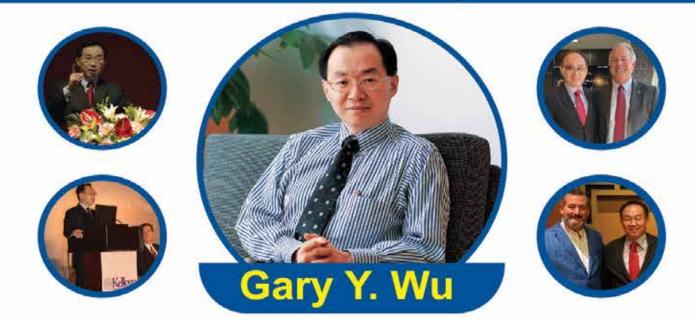
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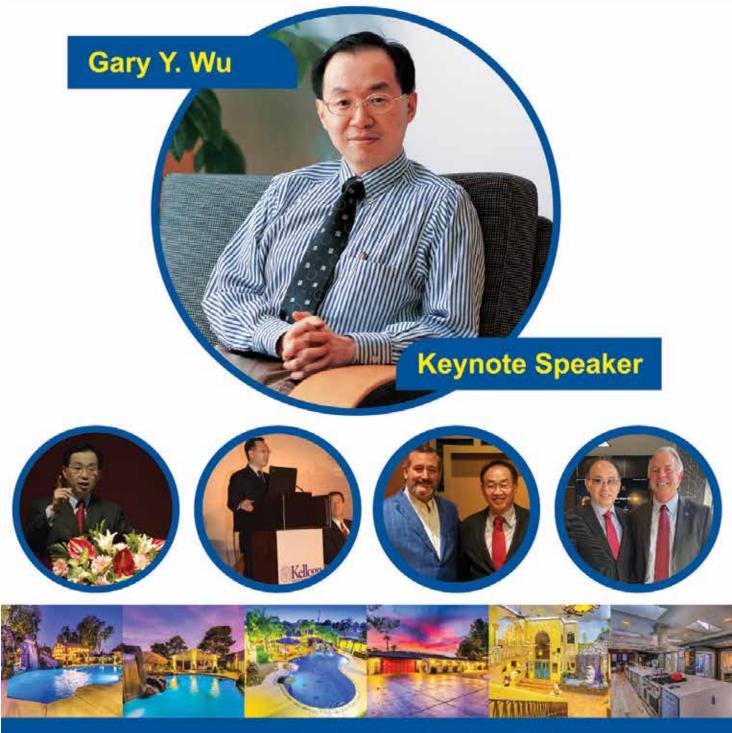
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Monica Welch



THE COUNTRY

As you may or may not know there is a new k9 illness sweeping the country that is causing pets to have an extreme case of kennel cough which can sometimes lead to pneumonia if the illness progresses. Viruses can mutate into different strains like we witnessed firsthand with covid, and it seems as if veterinary medicine is finding it challenging to create a vaccine as quickly & as fast as we need it. This airborne illness is something that can only be transmitted from dog to dog. What I do know is that it's better to be proactive with this type of virus as it effects the lungs and can save you some expensive veterinary bills if you place your pups on these medications as the first sign: Doxycycline (antibiotic)

PALACE

- Guafenisin (suppresses cough)
- Dextromethorpan (over counter cough medicine)

A few other at home remedies we have found that helps with speeding up recovery are:

- Clear Pedialyte which works similar to an IV for dogs it has Zinc in it.
- Adding warm bone broth to their food to make a soup for them, because their throats are sore, so this helps soften the food as well as keep them hydrated.
- Mullein leaf extract is great for lungs.
- A Nebulizer with albuterol helps to open up the lunges.
- As well as steaming up the bathroom and letting them sit in there with warm steam and eucalyptus spray. Humidifiers can also be helpful.

Lisa Imbesi created the concept of Pawsh Palace to fill the niche that was missing in Las Vegas. Pawsh Palace is an upscale luxury dog hotel with 5-star service for your pups. From queen size bed suites with TVs/meditation music, to doggy beach club with 3 dog pools, to 10,000sq ft of play area. Pawsh has it all with 24/7 supervision and even live webcams. Pawsh has a luxury grooming spa with the top-of-the-line products and groomers. Pawsh is the dedicated pet hotel for most Vegas casinos like the Wynn, Aria, Cosmo & more. Pawsh makes it super easy to book everything on its app/online. Pawsh caters to A-list celebrities and even has a valet pick up and drop off service, along with gourmet home cooked meals available. Don't forget to check out the retail shop up front with the trendiest dog stuff in the industry.





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Ethics vs. Profits

here is a central principle that should guide all professionals when it comes to the practice of law: the client always comes first. Unfortunately, in my twenty-plus years of practice, time and time again I've seen legal professionals fail to fully appreciate this fundamental principle, or worse, decide to sacrifice this central tenet for the all-mighty dollar. Somewhere along the way, far too many professionals lost focus of what is in the best interest of the client, and instead turned their attention to what is in the best interest of their bank accounts.

Don't get me wrong—we all dream of a successful practice. Typically, attorneys think that success means the highest number of clients they can get in the door. After all, more clients mean more money, and more money means more success, right? Not quite.

An ever-growing number of files often demands a proportionally ever-growing amount of overhead. And an ever-growing amount of overhead can result in a conveyor-belt approach to practice that is aimed at quickly converting each client's file into a paycheck. It's a dangerous path to go down. If you turn your practice into a factory, your profit margins can quickly become more important than the best interests of the client. When clients become paychecks instead of people who deserve the very best service we can offer, we lose sight of why we are here as lawyers in the first place.

What I've seen in over twenty years of practice is an increase in the number of attorneys who think only about their bottom line. That is, at some point, a few lawyers mistakenly decided that their interests are more important than their clients or the medical providers that take care of them. I would like to blame this on pure economics—burgeoning monthly expenses to support a large payroll, expensive leases, and marketing dollars. But in reality, the motivation is often greed and greed alone.

Instead of working together to serve the client, these lawyers say "I'll take my full fees, and everyone else can fight over the scraps." These are often the same lawyers who fail to carefully build a client's case within identified policy limits, and then, upon settlement, notify the very doctors who treated their clients that they are headed for interpleader. The clients are then left with less than the lawyers, and the medical providers are left being paid pennies on the dollar for the services they dutifully provided.

That type of practice—the one where the lawyers, and only lawyers win—ends with our firm.



When Ryan, Kristian, and I started SOS Injury Lawyers, we committed to never take more than our clients, and to do right by the medical professionals who treat our clients in the process. Personal injury is not a zero-sum game. Rather, everyone can succeed, and a lawyer's success does not have to spell relative failure for the client and medical providers, without whom, the lawyer would never have succeeded in the first place.

To engage in plaintiff's personal injury law the right way—the only way that we at SOS Injury Lawyers know how—cases require attention to detail and a team-centered approach. An approach that focuses on the best interests of the client. An approach that does not aim to take advantage of the very medical providers who help our clients heal. An approach that maximizes value for everyone involved. In short, when SOS Injury Lawyers gets involved in a case, you can rest easy knowing that we're aiming for a win/win every time, for everyone. Now, is the perfect result going to happen all the time? No. But we wholeheartedly intend to seek that outcome in every case we sign up, in every case we develop, in every case we litigate.

Whether you are a referring lawyer who is entrusting us with a case to litigate, a medical provider helping our client heal, or a potential client who wants a law firm that will give your case the attention it deserves, you have a dedicated ally in SOS Injury Lawyers.

Michael Sanft, Esq.

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With Heidari Law Group recently launching the "Just Call Sam" advertising campaign throughout Clark County, one must be curious to know more about the man behind the name. Allow us to reintroduce Sam Ryan Heidari to you!

Sam Ryan Heidari attended the William S. Boyd School of Law at the University of Nevada, Las Vegas and earned his Engineering Degree in Material Science in 2013. He has remained active in the UNLV Alumni community and sponsored the UNLV Rebels as a continued active supporter and donor. He and his team at Heidari Law Group have been focused on separating themselves from some of the ways other lawyers serve their clients. In December 2022, Sam purchased a building to expand their reach within the local community and to be able to provide more services for their clients. The new building also provided a home for Abagados Con Experiencia, the firm Sam helped create to cater to the legal needs of the vastly growing Spanish-speaking population in our community.

The new "Just Call Sam" ad initiative aims to send out a message to victims of car accidents and personal injuries by giving them an easy name to remember to call. The "Just Call Sam" tagline appears on over 100 billboards, as well as the phone number 1-844-CALL-SAM throughout the Las Vegas Valley and Henderson.

Heidari Law Group is a one-stop shop legal service provider to all victims of car accidents, personal injury cases, employment, and labor law concerns. There are various things that help differentiate Heidari Law Group from other law firms. First, Heidari Law Group is not a trial-only firm. They are involved in the process with their clients from A to Z and serve their clients from start to finish. Secondly, Heidari Law Group is not a 'personal injury mill firm' in which clients are just another number. They don't take on cases and simply hand them off to another firm to handle the litigation if and when they drop the ball. When Heidari Law Group takes the case, and if it needs litigation, they handle the drafts of the lawsuit all the way up to the judgement after trial. Heidari Law Group prides themselves on three words: Diligence, Determination and Dedication to their clients. They take the phrase "protecting your clients' interests" to heart.

In August of 2022 in Los Angeles a man hit a bicyclist who was crossing an intersection. Sam added a \$5,000 reward offered by the LAPD for any information leading to help solve a non-fatal hit and run.

Shortly thereafter, a man in Las Vegas faces the same type of hit and run but sadly he died. This time Sam jumped in and added a \$10,000 reward for any leads to the arrest and apprehension of the offending criminal.



Seemingly, Sam and the Heidari Law Group team didn't just leave their concerns for injustice there, they started a Justice Division for funding to be made available as reward money to citizens that provide information and tips that led to the arrest and conviction of criminals. Sam and the Heidari Law Group work closely with Crime Stoppers of Nevada, Inc., Las Vegas to help prevent criminal activity and deaths in Clark County.

In an effort to further proactively participate in helping to resolve other local civil matters, San has a much broader scope on protecting civil liberties and the rights of the people. In October 2022, Sam and the Heidari Law Group confronted insurance companies, fighting against racially motivated insurance practices. One specific insurance company did not want to honor the policy terms after an accident by paying the victim, which later proved the determination to withhold the funds based on the claimant's race.

Recognizing Sam and the Heidari Law Group's efforts, they have been featured in the media on many occasions. Emphasizing Sam's expert opinions on shows such as ABC's The Morning Blend to being acknowledged and honored at Crime Stoppers Annual Community Appreciation Dinner. Sam has also garnered national attention being featured on FOX, CNN, Yahoo News and NBC.

With five locations (four in California and one here in Las Vegas), and the growing road traffic, especially here in our community, Heidari Law Group is often asked what you should do in an accident occurs.

HERE'S SOME ADVICE FROM HEIDARI LAW GROUP IF YOU'RE INVOLVED IN AN ACCIDENT:

- 1. Get Medical Attention Right Away
- 2. Consult with an Experienced Personal Injury Attorney
- 3. Preserve any Evidence
- 4. Avoid giving insurance companies details



Sam's advice for those seeking an attorney: "One should do their due diligence. If the attorney is practicing personal injury and charges a consult fee, that's a red flag. While that isn't unethical, clients are often unable to work, dealing with expensive and accruing medical bills, and are under great psychological pressure. The last thing they need is to pay a fee upfront just to speak with an attorney."

THERE IS NO FEE, UNLESS WE WIN.

Because of this mindset and commitment to the best practices, Heidari Law Group is one of the fastest growing law firms in Nevada and has an outstanding track record of recovering millions for its clients.

Although Sam is very busy between his California and Nevada offices, Sam enjoys spending quality time with his family. He is married with two children and lives in Henderson.

If you're injured in an accident, be sure to remember to **"JUST** CALL SAM" 1-844-CALL-SAM

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- CEGA Law Group has comprehensive expertise across various practice areas.
- Practice areas: Criminal Law, Personal Injury & Workers Compensation

Why CEGA Law Group:

- Unparalleled Experience: Over 20 years of defending the rights of Las Vegas & California residents.
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About Carl E.G. Arnold:



- Meet Carl E.G. Arnold: A Pillar of Justice in the Heart of Las Vegas. Carl graduated from Howard University School of Law, instilled with a profound sense of justice and community service. He's been recognized as a Top 10 Criminal Defense Trial Attorney in Las Vegas and a Top 100 Trial Attorney in the Nation. Carl has over 20 years of experience across civil and criminal law, with a stellar record in both private and public sectors. Beyond the courtroom, Carl cares and is committed deeply to his clients but also the Las Vegas' community, growth, and wellbeing, serving as a community advocate. Additionally, Carl represents a relentless pursuit for justice for all. He is a trusted advisor in times of need.
- Carl Arnold is a trusted advisor in times of need.
- Carl Arnold expertise form foundation for CEGA Law Group
- CEGA Law Group's professionalism looks to position firm as one of the most trusted, authoritative firms the Las Vegas valley.

Litigation Expertise | Decades of Courtroom Success

Carl Arnold is a strong and seasoned litigator with over 20 years of experience appearing before civil and criminal juries in Nevada and California.

Educational Foundation & Accolades | Award-Winning Legal Excellence

A Howard University School of Law graduate, Mr. Arnold has received numerous awards. He is recognized as Top 100 Trial Attorney in the Nation and Top 10 Criminal Defense Attorney in Las Vegas, Nevada.

Private Sector Achievements | Rising Through the Ranks

Before starting his firm, Carl Arnold spent an illustrious ten years with the international law firm Cozen O'Connor. His career with the firm began shortly after graduating in 1994 when he was accepted as an associate. Mr. Arnold began his career with a bang, successfully second-chairing a \$20 million insurance subrogation case to a jury verdict three months after passing the bar exam in California. With his impressive streak and talent, Carl Arnold became a partner at the prestigious firm after just five years. Mr. Arnold continued to represent many top-rated insurance companies in civil proceedings until he departed from the firm.

From Private Practice to Public Defender | Building Prosecution Excellence

Following his tenure at Cozen O'Connor, Carl Arnold pivoted to public service, taking up the mantle of a federal

prosecutor in San Diego. His sharp prosecutorial skills shone through as he pursued justice in cases of human smuggling, drug trafficking, and illegal immigration. In a brief yet impactful two-year period, Arnold's vigorous legal efforts led to over 150 federal indictments, and he remained undefeated across numerous national criminal trials.

His prosecutorial journey honed his trial skills and expanded his legal perspective through substantial appellate practice before the Ninth Circuit Court of Appeals.

Launching CEGA Law Group | Carl Arnold's Visionary Practice

Carl Arnold moved to Las Vegas, Nevada where he worked as an attorney for Glen Lerner, serving over 200 clients. While with Glen Lerner, he was exposed to the plaintiff's side of civil litigation and personal injury law. With years of experience and knowledge behind him, Mr. Arnold decided to establish his law firm in Nevada— CEGA Law Group. This firm was established with the belief that everyone deserves top-quality representation regardless of their financial standing.

A Record of Notable Trials | High-Profile Cases & Community Impact

CEGA Law Group, under Arnold's leadership, now skillfully manages a vast array of cases annually. The firm boasts involvement in over 70 jury trials, tackling high-profile cases like the Mormon Missionary Robbery and the Rodney Arrington murder by Markiece Palmer.

Your Advocate in Justice | Fighting for Your Rights Mr. Arnold is an attorney of the people and will fight for your rights. Let him know how he can help.



today for a free consultation.



Mr. Arnold recently took the lead in representing defendants in two of Clark County and the country's most high-profile cases—Duane Davis and Deobra Redden. These two cases highlight Carl's expertise, dedication, and commitment to ensuring justice in complex legal defense cases.

Duane Davis Case:

Carl's defense of Mr. Davis is poised to be one of the most historic trials of the century. Upon taking the case, Carl released a statement emphasizing the legal principle that a confession alone is insufficient for conviction, underscoring the necessity for corroborating evidence proving guilt beyond a reasonable doubt. This case exemplifies Carl's strategic approach and deep understanding of the law's nuances. Duane was arrested and charged with murder in the alleged involvement in the 1996 drive by shooting of Tupac Shakur.

Deobra Redden Case:

Following Mr. Redden's arraignment, Carl outlined a defense strategy that considered his mental health and the systemic challenges within the criminal justice system. This case reflects Carl's approach to defense, which considers all facets of a client's situation to build a comprehensive defense strategy. Deobra Redden was charged with attacking Justice Court Judge Mary Kay Holthus in the courtroom in a video that went viral on January 3rd, 2024.

Carl Arnold's involvement in these cases underscores his stature as a top-ten Criminal Defense Trial Attorney in Las Vegas and a top-100 Trial Attorney in the Nation. His work on these high-profile cases and his leadership at CEGA Law Group make a compelling narrative of advocacy, expertise, and the relentless pursuit of justice.











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Ms. Markarian is licensed to practice law in Nevada, Arizona, and New Mexico. Ms. Markarian speaks three languages fluently – English, Armenian, and Russian, and her legal team speaks fluent English and Spanish.

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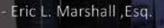
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PEOPLE ARE SAYING!

I was injured on a job site for my work and had to take a couple weeks off. Almost immediately after returning back to work, my injury became a serious pain issue and I could no longer perform my work duties.

I sought help from the legal community where I was blessed to find Eric Marshall at Marshall Injury Law.

I gave him a call and we set up a time to meet so I could tell them what happened to me at work. After the meeting, Eric himself flat out told me he will take care of everything. When he said everything he meant everything. Eric and staff treated me like family.

I was sent to amazing doctors, surgeons, physical therapists and all support staff. They would give me updates on my case and check in on me to see how I was doing. I felt like I had a powerful friend on my side fighting for me.

Along with Eric Marshall working on my case were Lacey and J.D. who were amazing at answering all my questions and explaining things to me. After all said and done the results of my case exceeded my expectations and i am so thankful i called Eric for his help.

Eric, Lacey, J.D. thank you for everything from the bottom of my heart. You people made a big difference in my life." - Hilario Lopez





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From Distinguished Military Service to Operating a Prominent Nevada Law Firm: The Inspiring Journey of Former U.S. Army Captain Craig W. Drummond



In the teeming legal landscape of Las Vegas, an attorney stands out whose journey from military service to advocating for injured clients is nothing short of inspiring. Transitioning from serving in Iraq, to Nevada courtrooms, former U.S. Army Captain, Craig W. Drummond has a reputation as a fighter. A bulldog lawyer looking out for his clients with a proven track record of unparal leled success, achieving millions for his injured clients. In the aftermath of an accident or injury, individuals often find themselves facing a myriad of challenges, from physical recovery to navigating complex legal processes. In such trying times, the guidance and expertise of a highly experienced personal injury lawyer can make all the difference. That's when you need to **CALL THE CAPTAIN®**.

Why do they call him the Captain?

Craig W. Drummond's journey began with a profound sense of duty and a commitment to serve his country. As a graduate of Drake University and Drake Law School, Drummond embarked on a distinguished career as an Army officer. First as a Military Police Platoon Leader helping to secure our homeland after the attacks of September 11, 2001, to being appointed as a Captain in the U.S. Army JAG Corps for active-duty service.

Drummond's tenure as a Captain in the U.S. Army took him to courtrooms across our country, and to Iraq where he repre sented the United States, and later defended servicemembers charged with crimes. Drummond's services was marked by exemplary leadership, resilience, and unwavering dedication to the principles of duty and honor. Then Captain Drummond was awarded the Bronze Star Medal for his service during combat operations in Iraq.

In 2017, Craig Drummond authored a book, Saving Sandoval, which was published by Wild Blue Press. The book detailed his defense of a U.S. Army Specialist sniper in 2007 who was charged with a crime on the complex Iraq battlefield and has been praised by the military history community. In 2010, the Drummond Law Firm was founded, and Drummond has emerged as a rare figure in the legal community, renowned for his unwavering commitment to justice and his formidable advocacy skills. As an attorney, Drummond focuses on personal injury representing individuals injured by accidents and incidents caused by another party's negligence or intentional actions.

Echoing his military service, many of his peers started referring to him as "The Captain" which influenced the tagline **CALL THE CAPTAIN®.**

Craig W. Drummond has been involved in numerous landmark cases that have shaped legal precedent and garnered national attention. Obtaining multi-million-dollar settlements and judgments for injured clients, Drummond's track record speaks volumes about his legal acumen and courtroom prowess.

In Las Vegas, Drummond continues to make a positive impact on the lives of individuals through his unwavering commitment to justice and his injured clients. If you have been injured and want a fighter in your corner, Drummond is your lawyer.



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MEAD LAW GROUP DONATES \$10-\$15K Each Year to St. Jude Children's Research Hospital Nevada

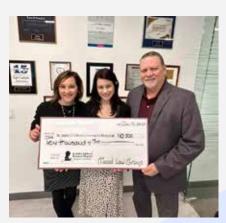
ead Law Group LLP, led by Leon Mead and Sarah Mead, who specialize in construction law have donated between \$10-\$15k each year to benefit the local St. Jude Children's Research Hospital - Nevada.

Mead Law Group offers over a quarter-century construction industry focus with big law firm experience and small firm focus. Consistently awarded with accolades from the top legal rating services, its business approach is focused on clients, not on billable hours, hourly rates, and prides itself on contributing to the community.

"Thanks to donors like the Mead Law Group, we can continue pushing forward to ensure that no child dies from cancer, says Erica Thompson, Sr. Advisor, West Territory – Nevada, ALSAC

St. Jude Children's Research Hospital is leading the way the world understands, treats, and defeats childhood cancer and other life-threatening diseases. Its purpose is clear: Finding cures. Saving children. ® It is the only National Cancer Institutedesignated Comprehensive Cancer Center devoted solely to children. When St. Jude opened in 1962, childhood cancer was considered incurable. Since then, St. Jude has helped push the overall survival rate from 20% to more than 80%, and it won't stop until no child dies from cancer. Because of generous donors like Mead Law Group, families never receive a bill from St. Jude for treatment, travel, housing, or food, so they can focus on helping their child live. Visit St. Jude Inspire to discover powerful St. Jude stories of hope, strength, love, and kindness.

Southern Nevada's community members and esteemed business leaders are invited to join the battle against childhood cancer and other life-threatening diseases by participating in the Suit Up for St. Jude online fundraising initiative.





To take part in Suit Up for St. Jude, each participant, like Ricci Lopez of Maceoo, must commit to raising \$2,500 for the month of March.



Why Law Firms Need PR -Public Relations

aw firms need Public Relations (PR) for a variety of strategic reasons that directly impact their reputation, visibility, and ultimately, their success. PR goes beyond simple marketing or advertising by focusing on how law firms communicate with and are perceived by the public, including potential clients, peers, and media outlets. Here's why PR is critical for law firms:

1. Builds Credibility: Trust is fundamental in the legal industry. PR helps establish a firm's reputation as a knowledgeable and reliable source of legal expertise. Through media coverage, speaking opportunities, and awards, law firms can showcase their accomplishments and expertise, thereby building credibility with potential clients and within the legal community.

2. Enhances Visibility and Brand Awareness: PR strategies can increase a law firm's visibility in a competitive market. By securing media mentions, contributing articles to reputable publications, and engaging in speaking opportunities, law firms can elevate their profile and ensure that their name is top of mind when potential clients are seeking legal assistance.

3. Manages Public Perception and Reputation: In the age of instantaneous information sharing, controlling the narrative is crucial. PR professionals can help law firms navigate both good and bad times, ensuring that their perspective is heard. This might involve crisis management where the PR team works to mitigate negative publicity or strategic messaging to capitalize on positive developments.

4. Attracts Top Talent: The reputation of a law firm does not only affect client intake but also its ability to attract and retain top legal talent. A well-executed PR strategy makes firms more attractive to potential hires by showcasing the firm's culture, successes, and expertise.

5.Supports Client Development and Retention: By consistently displaying expertise through various platforms and channels, law firms can not only attract new clients but also retain current ones. Seeing their legal advisors recognized in the media and receiving awards reinforces clients' decisions to work with a firm, fostering loyalty and ongoing business.

6. Navigates the Digital Landscape: In today's digital world, a firm's online presence is as crucial as its real-world presence. PR can help law firms improve their search engine ranking through strategic content creation, backlinks in reputable publications, and by increasing the



firm's overall online footprint. This ensures that when potential clients search for legal assistance, their firm appears prominently.

7. Differentiates from Competitors: In a crowded market, standing out from the competition is key. PR allows law firms to highlight what makes them unique, whether it's a niche area of law, a particular approach to client service, or their community involvement. By effectively communicating these differentiators, firms can attract clients that are a good fit for their services.

8. Engages with the Community: PR strategies can include community engagement and corporate social responsibility initiatives. By supporting local causes or offering pro bono services, law firms can build goodwill and strengthen their ties to the community. This can enhance their reputation and lead to new business through referrals and word of mouth.

Overall, PR is not just about getting a law firm's name out there. It's about strategically building and managing a firm's reputation, ensuring it is viewed positively by potential clients, peers, and the broader community. This, in turn, supports business development, recruitment, and the firm's long-term success.

Jennifer Bradley of JB Public Relations has been in the Las Vegas PR Industry for 25 years and 10 years with her own company. Her motto is "Tell your story before someone tells it for you." Bradley won both the Senior PR Practitioner of the Year - Excellence in 2023 and the PRSA Practitioner of the Year in 2020. jbpublicrelations.com



The Lawyers Who Are Redefining Legal Excellence in Las Vegas

n the heart of Las Vegas, and being born and raised in Vegas, the city renowned for its dynamic energy and vibrant life, here are three legal professionals that stand out to me, not just for their expertise in the courtroom but also for their profound impact on the community and adherence to personal and professional values. Jaime Cogburn, Eric Marshall, and Kurt Anderson are redefining what it means to be leaders in the legal field, each bringing a unique approach that sets them apart.



Jaime Cogburn: The Straight Shooter

Jaime Cogburn, founder of **J. Cogburn Law**, is known for his no-nonsense approach to legal representation. Renowned for cutting through the complexity and steering his clients and guiding them in the right direction, with clarity and integrity. Cogburn's straightforwardness is a beacon for those seeking justice in the often-convoluted legal landscape. His dedication to personal injury law and his role in leadership positions, such as the 2023 President of the **Nevada Justice Association**, reflect his commitment to not just his clients but the broader community's rights and well-being. Cogburn's reputation is built on his ability to demystify legal jargon and strategies for his clients, providing a clear path through the often-intimidating legal process. His leadership extends beyond individual cases to significant roles in legal associations, demonstrating his commitment to advancing justice and accountability.

Eric Marshall: Family Values at the Forefront

Eric Marshall, the heart and soul behind **Marshall Injury Law**, is a testament to the harmonious blend of professional rigor and personal values. As a family man who keeps his beliefs, ethics, and priorities intact while he is practicing law in Vegas, Marshall brings a level of empathy and integrity to his practice that resonates deeply with his clients and friends. His comprehensive approach to personal injury law, coupled with his commitment to family and community, sets a standard for legal excellence that is both compassionate and effective.





Kurt Anderson: Community Champion

Kurt Anderson is not only a litigation attorney at **Shook & Stone** with over 40 years of experience but also a dedicated community member. Known for giving back, Anderson's role as a coach for kids' basketball and soccer teams exemplifies his commitment to the community. Kurt is infused with the principles he holds dear, including integrity and compassion, traits deeply influenced by his small-town values. With almost a half-century of experience it allows him to stand out, not only for his legal expertise but also for his profound involvement in the community. Kurt provides a unique grounded perspective to the law, reflecting a deep understanding of the community he serves and a commitment to making a positive impact both in and out of the courtroom that affect and impact real-world legal issues and decisions.

Redefining Legal Excellence

Las Vegas, a city of lights and endless possibilities, Jaime Cogburn, Eric Marshall, and Kurt Anderson shine bright as exemplars of legal excellence. Their unique blend of professional acumen, personal integrity, commitment to transparency, ethical practice, and community involvement sets a new benchmark for what it means to be a leader in the legal profession. As they continue to navigate the complexities of law, their dedication to justice, family, and community serves as an inspiration. By prioritizing the well-being of their clients and the community, they are setting new benchmarks for legal excellence in one of America's most dynamic cities. You can find these gentlemen at their law firms, or you can log on to **MyLawHelper.com** for more information or for their services.













About the Author: Roy "Big Country" Nelson is a Las Vegas native and is a former 4x MMA Champion, UFC TUF Champion, Renzo Gracie Blackbelt, who now is partnered with Choice Life Care and their ambassador program.

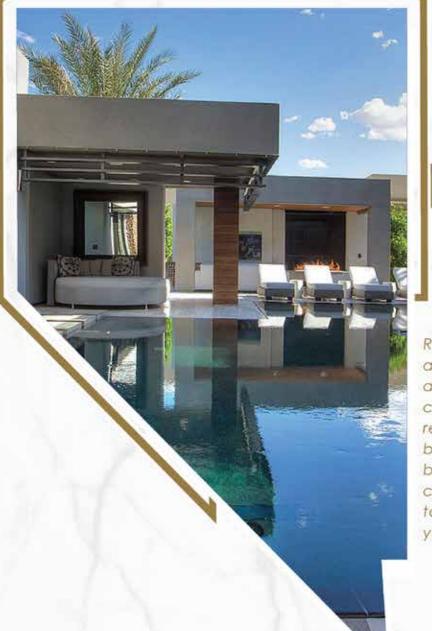
For more information, please visit and follow: **roynelson.com**





Roy "Big Country" Nelson





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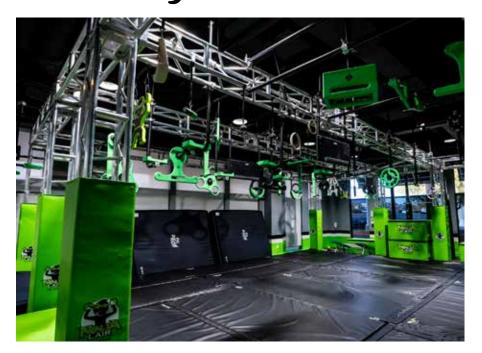
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Unleashing the Ninja Within: Trailblazing Fitness Studio Comes to Las Vegas

n this bustling city known for its neon lights and high stakes, a bold new fitness revolution is brewing, one that promises to unleash the inner ninja of anyone daring enough to step through its doors. Spearheaded by Michael Pericoloso, a two-time finalist of NBC's gripping show 'American Ninja Warrior,' the newly launched Ninja Lair is not just a gym but a sanctuary for those who love the ninja sport and want to put their mental and physical strength to the test. The 4400-square-foot fitness studio, conveniently located in the Southwest at 4215 S. Grand Canyon Drive, Suite 105, is a testament to Pericoloso's vision of bringing the electrifying world of ninja sports to the masses.

Ninja Lair isn't just another addition to the bustling Las Vegas fitness scene – it's a groundbreaking venture that encapsulates the excitement and challenges of the popular television show.





With obstacles like the iconic 14-foot warped wall, the salmon ladder, and the wingnuts, plus some new custom-made obstacles, it's a place where the line between entertainment and exercise blurs, offering a one-of-a-kind workout experience for all ages and skill levels!

From infants taking their first steps and toddlers looking to climb, to seasoned athletes training for ninja competitions, Ninja Lair offers a diverse range of classes that emphasize the entire body. However, the ninja sport isn't just about physical endurance – a large part of it is also about mental acuity, precision, and strength. It's a holistic approach to fitness that encourages individuals to leap, climb, and swing their way to the best version of themselves.

Ninja Lair's tight-knit community of extremely supportive athletes who are dedicated to this sport is what sets Ninja Lair apart from any other fitness studio around! With class packages starting at \$99 a month, the studio is accessible to a wide audience, offering 60 to 90-minute classes that promise not just a workout but an adventure. Ninja Lair's open gym time, camps, competitions, and private birthday parties are a testament to their dedication to their members and their aim to serve as a hub for fitness enthusiasts of all backgrounds.



Ninja Lair's operational hours were designed to accommodate the busy schedules of parents, making it a convenient option for those looking for something to do with their toddler during the day or parents looking to keep their kids busy after school. Open from 11 a.m. to 9 p.m. on weekdays, and extending hours during the weekends, Ninja Lair ensures that the ninja spirit is accessible to everyone, regardless of age or skill level.

Behind these thrilling obstacles and energetic classes is Michael Pericoloso, a figure synonymous with perseverance and excellence in the ninja warrior community. His journey as a finalist through multiple seasons of 'American Ninja Warrior' has not just made him a household name but a beacon of inspiration to all his students. With Ninja Lair, Pericoloso extends an invitation to all to explore the limits of their physical and mental capabilities in an extremely supportive and dynamic environment. Ninja Lair is more than just a fitness studio; it's a movement that champions the spirit of the ninja warrior within everyone. It encourages people to face challenges head-on, to climb higher, and to leap further, not just within the confines of the lair but in every facet of life.

Ninja Lair embodies the city's ethos of offering unique and memorable experiences, making it a must-visit for anyone looking to add an edge to their fitness journey. It's a place where fitness meets fun, where every jump and climb are a step towards a stronger, more agile self. And under the guidance of veteran Ninja Warrior, Michael Pericoloso, it's a journey that promises to be as rewarding as it is exhilarating.



Ninja Lair offers a different kind of thrill — one that comes from overcoming obstacles and surpassing one's own expectations. So, whether you're a fitness enthusiast looking for a new challenge, a fan of 'American Ninja Warrior,' or someone in search of an engaging way to stay active, Ninja Lair welcomes you. It's not just a place to work out; it's a community where every member is encouraged to unleash and reach their full potential.



About Ninja Lair

Ninia Lair is a 4400-sauarefoot fitness studio that offers a variety of thrilling obstacle courses inspired from NBC's hit TV show, 'American Ninja Warrior,' founded and led by twotime show finalist, Michael Pericoloso. Conveniently located right off the 215 Beltway and Flamingo at 4215 S. Grand Canyon Drive, Suite 105, in Las Vegas, Ninja Lair opened in December 2023 and features a variety of classes catering to infants to adults

of all skill levels. Ninja Lair's classes encompass a full-body workout that involves running, jumping, climbing, and swinging, increasing endurance, precision, mental acuity, and strength. Featured studio obstacles include a 14-foot warped wall, salmon ladder, rock wall and wingnuts. In addition to Ninja Lair's range of weekly classes, the studio also hosts daily opportunities for open gym time, as well as school break camps, competitions, and private birthday party packages, which can accommodate up to fifteen participants. Ninja Lair is open Monday through Friday from 11 a.m. through 9 p.m., Saturday from 9 a.m. through 9 p.m. and on Sunday from 11 a.m. through 7 p.m. For Ninja Lair's class and open gym schedule, please visit **NinjaLairLV.com.** Follow Ninja Lair on social media at **@ninjalair** and become a follower on Facebook at **facebook.com/ninjalair**.

OLD PRO KNOCKS SOME SENSE INTO US WITH STRATEGIC RELATIONSHIP THINKING (SRT)





STRATEGIC RELATIONSHIP THINKING

Look around! Chaos! Misery! Anxiety! Anger! Torn Families, Kids, Egos, Marriages, Relationships! We're broken. The old "methods" of helping – aren't," says Columbia University-trained Marnie Macauley.

She adds, "it's never been worse, with machines dividing us, government, and corporate America reigning (and raining) down on us, our privacy destroyed, our choices monitored, and "success" at any cost becoming the mantra instead of values.

"But you can fix it!" she believes. "Faster, more effectively – and for life."

Macauley who has supervised Columbia grad students followed up with years in the New York City Criminal Justice system, becoming a top administrator. "I learned the deal

was to risk change, not accept "by the book." From there she was the director of the third (award-winning) Pre-Trial Program in the country and throughout her distinguished career, she had "the finest mentors ... renegades all," citing her late cousin, the legendary Dr. Haim Ginott, Dr. Robert U. Akeret, protege of Rollo May and Erich Fromme and Professor Alex Gitterman, Columbia University, among others.

"It takes uncommon sense." To her that means: "No more psychobabble! No more quick diagnoses! No more wasting money and time hoping for lightning to strike while wiling away on a couch."

She believes in teaching people how to take charge of their own reactions to give them power to find correct strategies to deal with modern problems. She hones her laser-sharp mind with platinum training, skill, creativity, anecdotes, and humor to create STRATEGIC RELATIONSHIP THINKING (SRT) which uses evidence, proof, and truth. And she'll show you how to do it.

"I've used this method to help couples, parents, family, friends, co-workers, teachers, and singles along with well- known, and high-profile clients (politicians, sports figures, CEOs, performers – and one who carried the nuclear football. Thank heavens.)"

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Why So Many Hawaiians Consider Las Vegas the Aloha State's Ninth Island

as Vegas is often lauded for its wide-ranging diversity. According to 8NewsNow, four Las Vegas townships, alongside the cities of Las Vegas and North Las Vegas, find themselves in the United States' Top 50 for ethnic diversity. This isn't a mere number—as a tourist, you'll be able to experience it when you wander Spring Valley's bustling Chinatown or taste authentic vegan Mexican dishes in the Arts District. From plant-based quesadillas to the half-scale Eiffel Tower, Las Vegas underlines that it's home to people of all ethnicities.

That includes Hawaiians. Despite being in the middle of the desert, Las Vegas is known to be the Aloha State's ninth island for a reason—it wholeheartedly honors and mimics Hawaii in many ways. Read on to find out how.



It houses a large population of Hawaiians

One simple reason why Las Vegas seems so much like the sublime Hawaiian Islands is that so many Hawaiians have already settled there. The Las Vegas Review-Journal cites the lower cost of living and the similar service-based economy as the main attractions for native Hawaiians. Because of this basis, the population of non-Hispanic Hawaiians and other Pacific Islands in Nevada has doubled from 7,769 to 15,456 during the past decade, resulting in a tight-knit cultural and social network you can spot everywhere.

It showcases the Aloha spirit

What marks the Hawaii islands out isn't simply their spectacular natural beauty and rich shared history. They also have their distinctive Aloha spirit, an attitude characterized by its relaxed gentleness and willingness to connect. It's one of the factors that makes Hawaii the happiest state in the nation-and it manifests itself in Las Vegas in various ways, such as the famously hospitable California Hotel's promise that "Aloha is spoken here." You'll even find it in the beautiful way traditions are preserved. This is best exemplified by how Hawaii's traditional lei greeting, a symbolic act of love and affection, is practiced at many Las Vegas occasions like Mayday and NFL events. During festivities, a greeter may approach you with a hand-crafted lei and drape it across your shoulders. The right response is feeling honored at the show of welcome and respect.



It treasures Hawaiian food

One of the things visitors most enjoy about Hawaii is their sumptuous meals and delicacies. That same delicious islander fare is available in Las Vegas. Island Flavor, for example, serves Ahi Poke, Musubi, Loco Moco, Furikake Chicken, Kalbi Beef, Kalua Pig, Chicken Katsu and much more and they have great catering options as well as an amazing selection of Hawaiian bakery items. That's just a sample of the many Hawaiian dishes you can get in the desert city, all authentic and usually whipped up by Hawaiian natives themselves. Order online at: **islandflavor808.com**



It has Hawaiian chain stores

After a vacation to the Hawaiian Islands, it'd be a surprise if you're not laden with numerous Hawaiian souvenirs to take home with you. The same can be said after a vacation to Las Vegas. The metropolis is a prime spot to grab a range of wonderful keepsakes. If your tastes tend toward higher-end memorabilia, vou'll be happy to know that Las Vegas has Na Hoku—a store that boasts being one of Hawaii's finest jewelers since 1924. There, you'll find a selection of special jewelry designs carefully crafted to celebrate Hawaii's lifestyle and traditions, like stud earrings formed in the shape of the Plumeria flowers spread throughout the islands or wave pendants that mimic the state's crystalline waters. If that's not in your price range, Las Vegas also has the famous ABC stores—the variety shops you can find in almost every corner of Hawaii. This chain began as a mom-and-pop store of two Japanese immigrants who settled in Honolulu. Now, its reach extends all the way to Las Vegas, where you can get groceries, liquor, and all things Hawaiian.

With Las Vegas welcoming the Hawaiian community with open arms and serving as a space for them to celebrate their customs and traditions, it's no wonder the Entertainment Capital of the World is known as Hawaii's ninth island. Head there if you want a glimpse of island paradise in the desert.







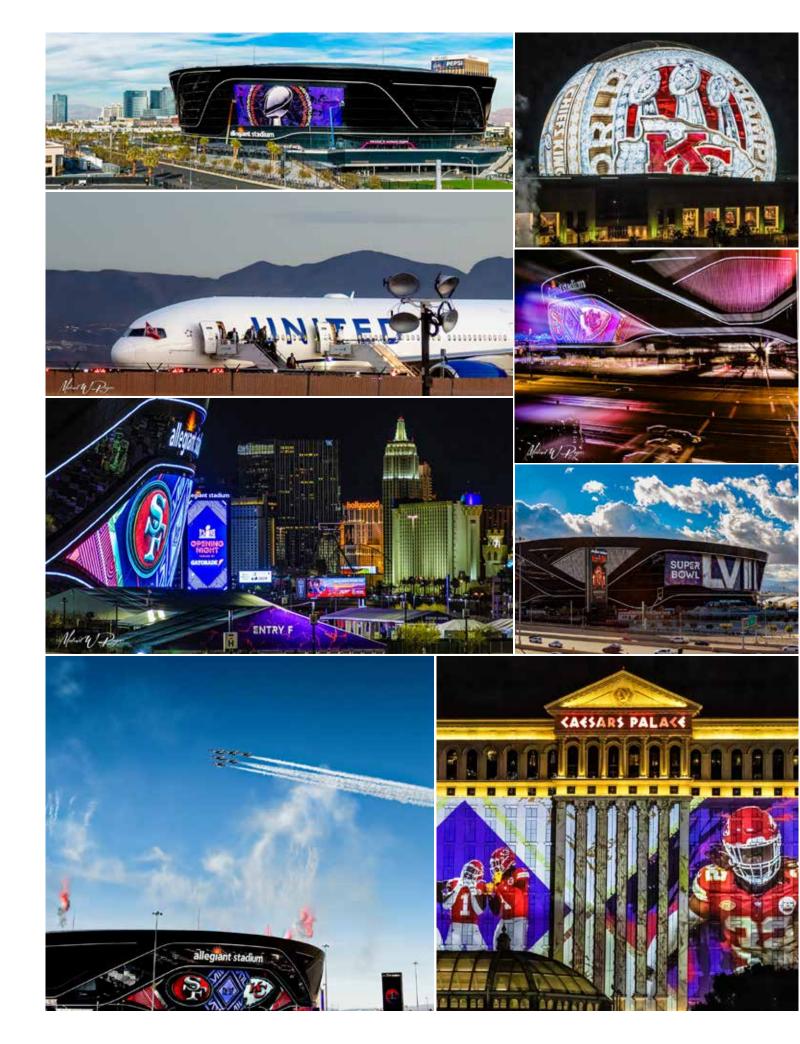
Real Vegas hosted our 2024 Women Who Wow Recognition Party on February 23rd, 2024, at Inspired Closets incredible showroom and a great celebration of phenomenal women in our community was had by all who were in attendance! Guests enjoyed touring the spacious venue and meeting Owner Paula Lawrence, danced to amazing sounds from the one and only DJ SheepXWolf aka DJ Jay Kapp of Las Vegas Mobile DJ's, delighted their tastebuds with an incredible charcuterie spread provided by Giovanna Paolella and Nina Neville of A Series of Fortunate Events and sipped champagne while enjoying give-a-ways and prizes toward the end of the evening. Thank you for everyone who came out to celebrate and join us!

VEGA:

VEGAS



Photos Courtesy of Michael W. Rogers Photography











Things certainly looked quite a bit different in our city when Super Bowl LVIII came to town! On February 11, 2024 the stadium campus transformed and fans from all over the world came into town to watch the Super Bowl LVIII at Allegiant Stadium. The Gameday Experience took place from 11:30-2:30 PST and kickoff directly followed. This year's Super Bowl was the most watched program in American television history and it's no surprise that it happened right here in our vibrant city!





Photos Courtesy of Michael W. Rogers Photography

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